

# Ronda Rousey

Mixed martial artist, judoka and actress

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**First Female UFC Champion**

**Third most-searched person on Google in 2015**

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Ronda Rousey is the UFC's longest-running bantamweight champion and the first U.S. woman to win an Olympic medal in Judo. Arguably the most dominant athlete in UFC history, Rousey is responsible for the inclusion of women in the Octagon. A female warrior and trendsetter, her broad appeal and popularity led to hosting *Saturday Night Live* in early 2016. She's taken Hollywood by storm with her signature force, landing roles in *Entourage* and *Furious 7* with a rumored return for *Fast 8*.

Rousey's mother Ann Maria De Mars was instrumental in influencing her to learn judo. A gold medal-winning judoka at the 1984 World Championships herself, De Mars began teaching Rousey some of the sport's fundamentals. Rousey was named to the United States Olympic team at age 15 and at 16 she became the youngest American to earn the national No. 1 ranking in the women's half-middleweight division.

Rousey was the first woman to sign with the Ultimate Fighting Championship, the world's largest mixed martial arts organization. Designated Bantamweight Champion, she successfully defended her belt in the inaugural UFC women's bout in February 2012. In 2013, Rousey won four consecutive first-round fights, two of them coming in under 20 seconds. However, her reign finally ended with a second-round knockout by Holly Holm in November 2015. The surprising loss shocked the sporting world and presented Rousey with her first serious athletic challenge since her days of competitive judo. She now is inspired to regain her championship relevance.

She recently released her new book *My Fight/Your Fight*. In this inspiring and moving book, Rousey charts her difficult path to glory. Marked by her signature charm, barbed wit, and undeniable power, Rousey's account of the toughest fights of her life—in and outside the Octagon—reveals the painful loss of her father when she was 8 years old, the intensity of her judo training, her battles with love, her meteoric rise to fame, the secret behind her long-undefeated UFC record and what it takes to become the toughest woman on Earth.



Ronda Rousey

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